

trying to make a point
the therapist asked the group
when does striking out at everyone
and everything around you
seem to be a rational response...

was i the only one in the room who knew
the answer that
seemed so obvious...

it is when
you are not sure why
and who
or what
struck you the first time
and the next time
and the next time
and the next time
and the next time after that.

a rational response.
wf.h.
2024