

finally  
i had to ask my masochistic friend  
how he managed to look so refreshed every morning

he replied it was because he slept more than most.

but i continued  
given the way you live  
i would not have thought that sleep  
would help anyone as much as that.

he called me a shallow thinker  
it was not the sleep...  
it was the nightmares.

finally.  
wf.h.  
2024