just as expected... still i wanted to see the just as expected. overnight it was all i could think about...

a common sandpiper
foraging for food in the coastal mudflats
a trail of mud and disturbed prey
and quick lunges.

has the eye of my soul

always been prepared to see
in flesh
the preparation
for migratory flight
and not what feeds it
or is migration
nothing more than what it eats

just as expected. wf.h. 2023

when the soul finds itself hungry.