

looking up at the night sky
claiming he never grew tired
or tired of its spiritual beauty.

breaking his meditation a little longer

he went on to tell me that my soul
did not have to be stranded
by my body
in the firmament
in the great beyond
just empty the self into its vision
and breathe along with and within it
where our truth is illimitable and undeniably true.

one night discovering equanimity...

three days discovering a neck brace.

looky here

looky here

but spiritual awareness viewing kits

should have a recliner chair.

looky here.

wf.h.

2023