

what do you do if you are not good enough yet
or believe you are not good enough to last
how do you live
with the fear that others are

becoming better

gaining on you.

the words are you must

practice.

practice.

practice.

a certain level of coached endurance cruelty

is going on in the repetitious

threat of personal imperfection

marked by

the sign of the beast

and the failure to ever place in the top three

eventually becoming known as the local loser.

transformation mysteries occur

the ego curls up in its fear

the metamorphosis happens

the human spirit emerges

neurotic

possessed

and each time you practice

it is not practice...

it is postponement.

practice.

wf.h.

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