

a religious disciplinary problem.  
the nun told her

you are going to grow up  
to be a tattooed babylonian whore  
in neighborhood shadows  
so why should i waste my time  
teaching you good posture.  
good posture is not what you need.  
sign up for a secular yoga class  
you will have a better skill set and learn  
how to breathe at the same time...  
follow your breath.

she also hated buddhists.  
wf.h.  
2024